

THE DYNAMICS OF LOVE AND FEAR

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"There are two ways to be fooled. One is to believe what isn't true; the other is to refuse to believe what is true." - Soren Kierkegaard



There are two basic underlying, emotional forces at work within us. Love and Fear.

These two forces are seemingly polar opposites of each other. I say *seemingly*, because they are not really opposites. They are just different measures of the same dynamic. Darkness is not really the opposite of light. It is the absence of light. There really is no such thing as dark energy, only light energy. In the same way there really is no such thing as fear. Fear is an illusion, and the absence of love.

When I say Love, I'm not referring to the Hollywood "romance" version. Love is not attraction to a person or possessing, being jealous over, or attached to them. These are dramatised and romanticised notions of love.

The real definition of love is; The force which expands consciousness. It is that which moves us to a greater understanding of ourselves and to ever-greater levels of awareness. It is the essence of everything that is good.

Fear strives to do the opposite of love. It is that which shuts down

consciousness. It creates in people the unwillingness to seek out the truth. It is what makes people *not care*, and therefor *not act*. It strangles the flowering of consciousness and cuts you off from your higher self.

Love is the expansive force. Fear is the contractive force. Both of these forces have internal and external manifestations.

The internal manifestation of love, is sovereignty.

If you break the word sovereignty down (sove-reign), it means self governance (no external control or governance). Having achieved sovereignty brings us to a state of internal balance and harmony. It means having internal peace and self-love.

When you have become the King or Queen of your own internal Kingdom, you have achieved self-mastery.

The only way we can achieve this is when our thoughts, emotions, and actions are unified, and there is no internal opposition.

The word “opposition” is critical to understand.

In ancient Hebrew language there is a word that means “opposer”, or “adversary”. That word is *Shatan*. This is where the word “Satan” comes from. It means “that which divides”, or “that which opposes”.

This opposing force of Shatan manifests within us when our thoughts, emotions and actions are not operating in unison. It is when we do something that opposes that which we know and feel to be right. It is a sin against the Spirit. It is when we take an action for a justification: “I know I should be doing that, but I’m doing this for these reasons.”

Satan is not the external being that people imagine in different religious connotations. It is a way of being in the world.

The internal manifestation of fear, is confusion.

It is the internal state of disharmony, meaning that thoughts, emotions and actions are not unified; the state of internal opposition. A person in this state is not able to tell truth from falsehood and is not able to love themselves. They can easily be manipulated by others because they do not have a strong internal make up. They do not have self-mastery. Their psychological condition is frail and weak, and therefore they are easily lead. A person in this state of consciousness cannot truly understand freedom and sovereignty.

The external manifestation of love, is freedom.

Freedom is the condition that will erupt onto the world when enough of the individual consciousness' come to a state of sovereignty.

The external manifestation of fear, is control.

When people are not in a state of sovereignty, they can easily be controlled by others. This state will ultimately lead to slavery. And this is largely where we are at in society.

Most people exist, and continue to exist in a state of internal opposition. Very few people are a completely united being. It is not an easy path. It takes courage and Will to do the actions that we know and feel to be right. There are many things built up in this world to make us go against our better judgement, and we justify it. We have an endless supply of justifications for not doing what we know is right in life.

What is going on in the world in terms of politics is intricately related to the spiritual state of individual beings. The absence of love in most individuals have led to a state of external governance. We are allowing ourselves to be controlled; our freedom taken, little by little. We live in a state of fear and do not have the courage to face the opposition within us. We have forgotten who we are and are clinging to things that do not really serve us.

The answers lie within. The more we engage in this illusion of fear, the further we are going from the truth. The more we engage in truth, the more we will dispel the illusion of fear.

In the next article I will discuss the schism in the world views that we hold.

to be continued...

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